



FOR IMMEDIATE RELEASE
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Dance into the New Year with Ballet Arizona's Free Class Week *Multiple Dance Techniques Offered at No Cost Jan. 6-10*

PHOENIX – Looking to change up your exercise routine in the New Year? Keep your workout routine *en pointe* at Ballet Arizona's Free Class Week, Jan. 6-10.

The Ballet doesn't think dance is just for its acclaimed company – it's for everyone! Adults can partake in FREE classes, including three levels of ballet, as well as Modern, Flamenco, Horton Technique and American Tribal Style Belly Dance.

After experiencing Ballet Arizona's free classes, the public will have the opportunity to sign up for single lessons, or six-month packages of 10 classes or 20 classes. No pre-registration is required to attend free class week. For a full list of free adult classes, dates and times, visit balletaz.org/open-special-classes/adult-open-classes/.

WHO: [Ballet Arizona](http://balletaz.org)

WHAT: A week packed with free, drop-in classes, from ballet to belly dance, at Ballet Arizona. Classes are FREE and open to the public.

WHEN: **Monday, January 6 through Friday, January 10**
Class times vary

WHERE: **Ballet Arizona**
2835 E. Washington St.,
Phoenix, AZ 85034

COST: Free. No reservations required. Class space is limited. Arrive early to sign in and secure your spot.

Ballet Arizona

Ballet Arizona, now in its 34th season, is dedicated to preserving and celebrating classical dance while creating new and innovative works. Under the artistic direction of internationally acclaimed choreographer Ib Andersen - a former Principal Dancer with The New York City Ballet and The Royal Danish Ballet - Ballet Arizona follows his lead to the future of dance in Arizona. The School of Ballet Arizona promotes access to the art form of ballet through dance education, with a focus on excellence in the form, directing each student to a life-long love of dance. Following this vision, Ballet Arizona connects to more than 35,000 children and families every year through its free and low cost outreach programs. For more information, visit balletaz.org.

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