

RESIDENCY PLAN

ARTIST CONTACT INFORMATION

Name: Alexandra Papazian

Address: 2835 E. Washington St., Phoenix, AZ 85034

Phone: 602-343-6521

E-mail: apapazian@balletaz.org

RESIDENCY TITLE

Title: RESPECT – Using Dance to Explore Relationship Skill-Building

Led by: Education & Community Engagement Staff Member

For students in grades: K-2

SCOPE

Number of Sessions: 3 sessions

Time length of Sessions: 60 minutes

Preferred Timeline: Mon/Wed/Fri

Maximum number of classes that can be served: 4 classes per day

DESCRIPTION

Respect and teamwork are integral to the academic, personal, and professional success of children and are two of the most fundamental skills that dancers learn. In this residency, students will create dances as a way to examine and practice competencies related to relationship building and interpersonal communication. A teaching artist will guide students to use their minds, bodies, and imaginations in this fun and creative residency.

In addition to the in-class residency days, teacher(s) will also participate in (1) pre-residency planning discussion and (1) post-residency reflection discussion with the teaching artist.

RESIDENCY PLAN

EXPECTED RESULTS

The students will know:

- The definition of dance
- The definition of teamwork
- The elements of dance
- The definition of respect
- The elements of respectful communication

The students will be able to:

- Organize movement choices to create a simple choreographic structure
- Communicate respectfully
- Cooperate with others
- Listen well

The students will appreciate:

- The joy of movement
- How respect affects teamwork
- The importance of teamwork in dance
- How it feels to be respected

LOGISTICAL FACTORS

The school must provide: An open space for movement, a place to display written information (i.e. whiteboard), an online video connection platform if Ballet Arizona's Zoom account is not allowable

RESIDENCY PLAN

OVERVIEW OF CLASSROOM SESSIONS

OPTION	DESCRIPTION
Artist Performance/Demo/Exhibit	Teacher(s) will be sent a dance video link to present to the class in preparation for the residency. Teacher(s) should watch the video in-class with their students and lead a pre-residency discussion with their students about dance. (<i>Serenade video</i>)

CONTENT KNOWLEDGE STUDENTS NEED BEFORE THE RESIDENCY BEGINS

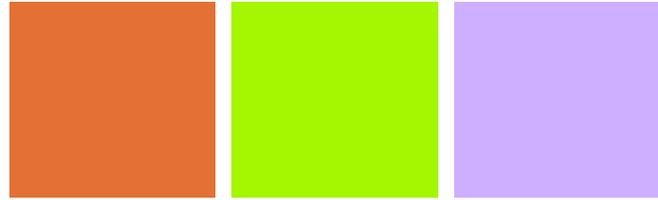
- A basic understanding of what a dancer does
- A basic understanding of respect
- A basic understanding of teamwork

SESSION	OVERVIEW	TEACHER ROLE During Sessions	TEACHER ROLE Before Next Session
Classroom Session 1	The residency artist will: <ul style="list-style-type: none"> • Introduce the definition of dance: using the body to communicate with movement. • Introduce the definition of respect: showing people that you care about them with your actions and behavior. • Introduce the elements of dance: body, effort, shape, and space. • Introduce the elements of respectful communication: watching eyes, listening ears, respectful voice, open mind, kind heart, and patience. • Do the Respect Dance Activity. • Review this lesson and preview the next lesson. 	<ul style="list-style-type: none"> • Observe • Participate • Assist 	<ul style="list-style-type: none"> • Repeat an activity – Review and repeat the Respect Dance Activity. • Lead a reflection • Other – review the definition of dance, the elements of dance, and the definition of respect before the next lesson.

RESIDENCY PLAN

SESSION	OVERVIEW	TEACHER ROLE During Sessions	TEACHER ROLE Before Next Session
Classroom Session 2	<p>The residency artist will:</p> <ul style="list-style-type: none"> ● Review the last lesson and preview this lesson. ● Introduce the definition of teamwork: when people work together to reach a goal. ● Break students into groups of 3 and facilitate group work on Dance Planning. ● Facilitate group work on Dance Organizing. ● Review this lesson and preview the next lesson. 	<ul style="list-style-type: none"> ● Observe ● Document activities (photos, written notation) 	<ul style="list-style-type: none"> ● Repeat an activity – Review and repeat the Respect Dance Activity. ● Lead a reflection ● Other – review the definition of teamwork, dance, the elements of dance, and the definition of respect before the next lesson.

SESSION	OVERVIEW	TEACHER ROLE During Sessions	TEACHER ROLE Before Next Session
Classroom Session 3	<p>The residency artist will:</p> <ul style="list-style-type: none"> ● Review the last lesson and preview this lesson. ● Facilitate Dance Organizing in groups. ● Rehearse dances in preparation for a sharing session. ● Facilitate Dance Sharing with the class. ● Facilitate a reflection about the residency. 	<ul style="list-style-type: none"> ● Observe ● Document activities (photos, written notation) 	<ul style="list-style-type: none"> ● Repeat an activity – Review and repeat the Respect Dance Activity. ● Lead a reflection (if desired)



CLASSROOM SESSION #1

LESSON TEMPLATE

A. FOUNDATION	
Teaching Artist: Education & Community Engagement Staff Member	
Grade Level: K-2	
Standards	
<u>Art Form:</u> DA.CR.2.(K,1,2)a Explore dance elements of body, shape, effort, and space and organize movement choices to create a simple choreographic structure as part of the creative process.	<u>Other Curriculum:</u> CASEL Core SEL Competency: Relationship Skills <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well
Objectives	
<u>Art form:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of dance The elements of dance Students will BE ABLE TO: <ul style="list-style-type: none"> Organize movement choices to create a simple choreographic structure Students will APPRECIATE: <ul style="list-style-type: none"> The joy of movement The importance of teamwork in dance 	<u>Other Curriculum:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of teamwork The definition of respect The elements of respectful communication Students will BE ABLE TO: <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well Students will APPRECIATE: <ul style="list-style-type: none"> How respect affects teamwork How it feels to be respected
Materials Required An open space for movement, a place to display written information (i.e. whiteboard), an online video connection platform if Ballet Arizona's Zoom account is not allowable	
Room Set-up Required Open floor with room to move around safely	

LESSON TEMPLATE

B. LESSON TIMING	
INTRODUCTION	TIME: 5 mins
LEARNING ACTIVITY	TIME: 50 mins
CLOSURE	TIME: 5 mins
	TOTAL: 60 mins

LESSON TEMPLATE

C. INTRODUCTION

Min: 5

Good [morning/afternoon] students!

My name is Miss Alex and I am here to do a residency that teaches dance and respect. I'm going to be here for 3 days [Monday, Wednesday, & Friday] to work with you all, so we're going to get to know each other pretty well this week. By the end of our 3 days together you will:

KNOW:

- The definition of dance
- The definition of teamwork
- The elements of dance
- The definition of respect
- The elements of respectful communication

BE ABLE TO:

- Organize movement choices to create a simple choreographic structure
- Communicate respectfully
- Cooperate with others
- Listen well

APPRECIATE:

- The joy of movement
- How respect affects teamwork
- The importance of teamwork in dance
- How it feels to be respected

Preview Lesson:

Today, we're going to spend some time learning about dance and how we can use dance to communicate.

Review Prior Learning:

You already know what a dancer does, right? ****pause and ask students question**** A dancer uses their body to create movements that communicate feelings, ideas, or events! Today, we're going to learn how dancers do exactly that!

Communicate Expectations:

Since we will be up and moving around, I have a few expectations that will help us be successful.

1. I expect that you will not touch anyone else unless and will keep good personal space.
2. I expect that you will raise your hand and wait for me to call on you if you have a question.
3. I expect that you will keep your eyes and ears open and listen when I am giving instructions.
4. I expect everyone to participate. I know that dance might be new or seem uncomfortable to some of you, but we're all going to do it together.

Okay! Let's stand up and find our own space in the room.

LESSON TEMPLATE

D. LEARNING ACTIVITY		
TITLE: Classroom Session 1		
Step #1: Introduce students to the definition of dance.	Min:	1
Step #2: Introduce students to the elements of dance.	Min:	3
Step #3: Give directions for the BODY activity.	Min:	1
Step #4: Students learn and practice body isolations.	Min:	3
Step #5: Give directions for the SHAPE activity.	Min:	1
Step #6: Students learn and practice shape-making with their bodies.	Min:	3
Step #7: Give directions for the EFFORT activity.	Min:	1
Step #8: Students learn and practice refining their movements to show different effort levels.	Min:	3
Step #9: Give directions for the SPACE activity.	Min:	1
Step #10: Students learn and practice different ways to use space with their bodies.	Min:	3
Step #11: Introduce students to the definition of respect.	Min:	1
Step #12: Introduce students to the elements of respectful communication.	Min:	3
Step #13: Give directions for the Respect Dance Activity.	Min:	1
Step #14: In one large group, students come up with movements to represent each element of respectful communication. Teacher/teaching artist facilitates idea generation and sharing. Group votes to decide on which movements to use.	Min:	10
Step #15: Students work with teacher/teaching artist to develop a credo to accompany the movements.	Min:	3
Step #16: Students practice the final Respect Dance that they've created together. Students should say credo out loud as they perform the movements.	Min:	3
Step #17: Give directions for cool down exercise.	Min:	1
Step #18: Students do cool down exercise.	Min:	3
Step #19: Lead a reflection.	Min:	5

LESSON TEMPLATE

E. CLOSURE

	Min:	5
--	-------------	----------

Review Purpose

Today we learned the definition of dance: using the body to communicate with movement and the elements of dance: body, shape, space, and effort. We also learned the definition of respect: showing people that you care about them with your actions and behavior and the elements of respectful communication: watching eyes, listening ears, respectful voice, open mind, kind heart, and patience.

Restate Main Ideas

The main ideas we want to remember from our work today are how we can use the elements of dance to change the way our movement is understood and that we can put different movements together to explain an idea.

Invite Reflection

What questions do you have about dance?
(Format: whole group)

What are you excited to learn/do when we are together again?
(Format: whole group)

Recognize Challenges and/or Accomplishments

Today we struggled with XXX

Today we accomplished XXX

Connect to Future Learning/Set Challenges for Next Lesson

We have two more lessons together! Now that we have learned the elements of dance and practiced using them, we are going to create our own dances about teamwork. Next time, we'll talk about the definition of teamwork and learn more how to create a dance with a group. Before our next class, you and ****teacher name**** will review the Respect Dance that we created today and some of the things we learned. Make sure to practice the Respect Dance with your friends so you don't forget it!



CLASSROOM SESSION #2

LESSON TEMPLATE

A. FOUNDATION	
Teaching Artist: Education & Community Engagement Staff Member	
Grade Level: K-2	
Standards	
<u>Art Form:</u> DA.CR.2.(K,1,2)a Explore dance elements of body, shape, effort, and space and organize movement choices to create a simple choreographic structure as part of the creative process.	<u>Other Curriculum:</u> CASEL Core SEL Competency: Relationship Skills <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well
Objectives	
<u>Art form:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of dance The elements of dance Students will BE ABLE TO: <ul style="list-style-type: none"> Organize movement choices to create a simple choreographic structure Students will APPRECIATE: <ul style="list-style-type: none"> The joy of movement The importance of teamwork in dance 	<u>Other Curriculum:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of teamwork The definition of respect The elements of respectful communication Students will BE ABLE TO: <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well Students will APPRECIATE: <ul style="list-style-type: none"> How respect affects teamwork How it feels to be respected
Materials Required	
An open space for movement, a place to display written information (i.e. whiteboard), an online video connection platform if Ballet Arizona's Zoom account is not allowable	
Room Set-up Required	
Open floor with room to move around safely	

LESSON TEMPLATE

B. LESSON TIMING	
INTRODUCTION	TIME: 5 mins
LEARNING ACTIVITY	TIME: 50 mins
CLOSURE	TIME: 5 mins
	TOTAL: 60 mins

LESSON TEMPLATE

C. INTRODUCTION

	Min:	5
--	-------------	----------

Good [morning/afternoon] students!

For anyone who was not here last time, my name is Miss Alex and I'm going to be here for 2 more days [Wednesday, & Friday] to work with you to understand more about dance and respect.

On day 1 we learned:

1. The definition of dance
2. The elements of dance
3. The definition of respect
4. The elements of respectful communication

Today we will learn:

1. How to do Dance Planning
2. How to Dance Organizing

Preview Lesson:

To learn and practice those things, we will be making dances that show our understanding of what team work is.

Review Prior Learning:

We already know that dance is using the body to communicate with movement. We also already know the elements of dance: shape, space, effort, and body. Last time, we learned about respect and created a dance that showed our understanding of what respect is.

Communicate Expectations:

Today, we'll be doing a variety of activities and we'll be moving around a lot. Let's remember our expectations from day 1 that will keep us safe and on track.

1. I expect that you will not touch anyone else and will keep good personal space.
2. I expect that you will raise your hand and wait for me to call on you if you have a question.
3. I expect that you will keep your eyes and ears open and listen when I am giving instructions.
4. I expect everyone to participate. I know that dance might be new or seem uncomfortable to some of you, but we're all going to do it together.

Okay! Let's begin.

LESSON TEMPLATE

D. LEARNING ACTIVITY		
TITLE: Classroom Session 2		
Step #1: Give directions for a movement warmup.	Min:	1
Step #2: Students do movement warmup in a large group.	Min:	5
Step #3: Review the Respect Dance.	Min:	2
Step #4: Introduce students to the definition of teamwork.	Min:	1
Step #5: Students work with teacher/teaching artist to develop a credo to accompany their dances.	Min:	5
Step #6: Break students into small groups.	Min:	1
Step #7: Give students directions for the Dance Planning Activity.	Min:	1
Step #8: Students do Dance Planning in small groups.	Min:	7
Step #9: Give directions for sharing ideas with the class.	Min:	1
Step #10: Groups share out their ideas.	Min:	3
Step #11: Give students directions for the Dance Organizing Activity.	Min:	1
Step #12: Students do Dance Organizing in small groups.	Min:	7
Step #13: Give students directions for sharing their dance ideas with the class.	Min:	1
Step #14: Students share their dance ideas with the class.	Min:	3
Step #15: Give directions for a cool down exercise.	Min:	1
Step #16: Students do cool down exercise.	Min:	5
Step #17: Lead a reflection.	Min:	5

LESSON TEMPLATE

E. CLOSURE

	Min:	5
--	-------------	----------

Review Purpose

Today we learned the definition of teamwork: when people work together to reach a goal. We also learned the first two steps to create a dance, planning and organizing, and practiced respectful communication and teamwork in our small groups.

Restate Main Ideas

The main thing we want to remember from our work today is how we need to use both respectful communication and teamwork in order to work well with our group mates.

Invite Reflection

What questions came up today about respectful communication?
(Format: whole group)

What questions came up today about teamwork?
(Format: whole group)

What questions came up today about dance organizing or planning?
(Format: whole group)

Recognize Challenges and/or Accomplishments

Today we struggled with XXX

Today we accomplished XXX

Connect to Future Learning/Set Challenges for Next Lesson

We have one more lesson together! Now that we have learned the definition of teamwork and have worked on planning and organizing a dance with our group, we are ready to revise and share our dances. Next time, we'll take one last look at our dances and see if there are any more changes we need to make so that our dance ideas are clear for the audience. We'll also share our dances and practice respectful audience behavior. Before our next class, make sure to review the Respect Dance and the dance ideas that you made in class today. Be thinking about what changes you might want to make next time to really communicate your ideas clearly!



CLASSROOM SESSION #3

LESSON TEMPLATE

A. FOUNDATION	
Teaching Artist: Education & Community Engagement Staff Member	
Grade Level: K-2	
Standards	
<u>Art Form:</u> DA.CR.2.(K,1,2)a Explore dance elements of body, shape, effort, and space and organize movement choices to create a simple choreographic structure as part of the creative process.	<u>Other Curriculum:</u> CASEL Core SEL Competency: Relationship Skills <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well
Objectives	
<u>Art form:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of dance The elements of dance Students will BE ABLE TO: <ul style="list-style-type: none"> Organize movement choices to create a simple choreographic structure Students will APPRECIATE: <ul style="list-style-type: none"> The joy of movement The importance of teamwork in dance 	<u>Other Curriculum:</u> Students will KNOW: <ul style="list-style-type: none"> The definition of teamwork The definition of respect The elements of respectful communication Students will BE ABLE TO: <ul style="list-style-type: none"> Communicate respectfully Cooperate with others Listen well Students will APPRECIATE: <ul style="list-style-type: none"> How respect affects teamwork How it feels to be respected
Materials Required	
An open space for movement, a place to display written information (i.e. whiteboard), an online video connection platform if Ballet Arizona's Zoom account is not allowable	
Room Set-up Required	
Open floor with room to move around safely	

LESSON TEMPLATE

B. LESSON TIMING	
INTRODUCTION	TIME: 5 mins
LEARNING ACTIVITY	TIME: 50 mins
CLOSURE	TIME: 5 mins
	TOTAL: 60 mins

LESSON TEMPLATE

C. INTRODUCTION**Min: 5**

Good [morning/afternoon] students!

For anyone who was not here last time, my name is Miss Alex and this is our last day to work together to explore dance and respect.

On day 1 we learned:

1. The definition of dance
2. The elements of dance
3. The definition of respect
4. The elements of respectful communication

On day 2 we learned:

1. How to do Dance Planning
2. How to Dance Organizing

Today we will:

1. Finish our Dance Organizing
2. Share our dances with our peers
3. Interpret our dances together

Preview Lesson:

To start with, we will review some of the concepts we've learned over the last few days. We will then review our teamwork dances and make sure that our choices clearly show the audience what teamwork means. Then, we will add music to our dances and practice one last time before sharing and discussing as a class.

Review Prior Learning:

We already know that dance is using the body to communicate with movement. We also already know the elements of dance: shape, space, effort, and body. Last time, we learned about teamwork and started making a dance that showed our understanding of what teamwork is.

Communicate Expectations:

Today, we'll be doing a variety of activities and we'll be moving around a lot. Let's remember our expectations from day 1 that will keep us safe and on track.

1. I expect that you will not touch anyone else and will keep good personal space.
2. I expect that you will raise your hand and wait for me to call on you if you have a question.
3. I expect that you will keep your eyes and ears open and listen when I am giving instructions.
4. I expect everyone to participate. I know that dance might be new or seem uncomfortable to some of you, but we're all going to do it together.

LESSON TEMPLATE

D. LEARNING ACTIVITY		
TITLE: Classroom Session 3		
Step #1: Give directions for a movement warmup.	Min:	1
Step #2: Students do movement warmup in a large group.	Min:	5
Step #3: Review the definition of respect.	Min:	1
Step #4: Review the Respect Dance.	Min:	2
Step #5: Break students into their small groups from Day 2.	Min:	1
Step #6: Review the definition of teamwork.	Min:	1
Step #7: Review the Teamwork Credo.	Min:	2
Step #8: Students review their teamwork dances.	Min:	2
Step #9: Give instructions for Dance Organizing.	Min:	1
Step #10: Students finish Dance Organizing.	Min:	7
Step #11: Play music track for students.	Min:	1
Step #12: Give students directions for making a beginning and an ending for their dances.	Min:	2
Step #13: Students make the beginnings and endings for their dances.	Min:	7
Step #14: Give students directions for rehearsing their dance.	Min:	1
Step #15: Students rehearse their dances one last time with music.	Min:	2
Step #16: Give directions for a sharing session.	Min:	1
Step #17: Students share their dances with the class.	Min:	4
Step #18: Lead a group reflection about the teamwork dances.	Min:	3
Step #19: In small groups, students reflect about the residency as a whole.	Min:	3
Step #20: Lead a group reflection about the residency as a whole.	Min:	3

LESSON TEMPLATE

E. CLOSURE

	Min:	5
--	-------------	----------

Review Purpose

Today we demonstrated our understanding of teamwork through the dances we made in our groups.

Restate Main Ideas

We were able to use our knowledge of respect, respectful communication, and teamwork to work together in groups to create dances. We were also able to practice our respect and respectful communication in our sharing session and group reflections.

Invite Reflection

What things did you learn from participating in this residency that you haven't learned before?

(Format: whole group)

What were some things that were difficult for you?

(Format: whole group)

What did you enjoy about learning this way?

(Format: whole group)

Recognize Challenges and/or Accomplishments

Today we struggled with XXX

Today we accomplished XXX

Connect to Future Learning/Set Challenges for Next Lesson

Today was our last class together! I am very proud of the way you all worked together to create your dances. Over the course of this residency we learned that respect, respectful communication, and teamwork help us work well with our friends and classmates. We also learned that dancers need to use respect, respectful communication, and teamwork to create dances and dance with other people. We practiced our respect and teamwork skills every day, working with our friends and having fun. Always remember that respect, respectful communication, and teamwork are the key ingredients to working well with others and accomplishing goals. Thank you so much for letting me share this time with you!