

GRADES 6-9 PRE-TRIP ACTIVITY

1. Respond to the following prompt!

Professional ballet dancers often talk about being passionate about dancing. They feel that they can best express themselves through movement and find joy in being able to use their bodies to communicate. Think about the many ways you communicate with the people in your life. How do you like to express yourself? Do you feel you are able to express yourself well? What is one thing you wish you could communicate better? What are some ways you could try to be a better communicator? Write your responses on the lines below.



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- 2. Respond to the questions below.
- Have you been to the ballet before?

• What are you most excited to see at the ballet?

• What would you most like to learn about during this trip?