## BALLET ARIZONA

IB ANDERSEN ARTISTIC DIRECTOR

## **Community Engagement Impact Report** 2023-2024

#### **Community Engagement's Mission**

Ballet Arizona seeks to educate communities about the transformative power of dance. Through our work we strive to empower individuals to engage more deeply with the art form and eliminate barriers to participation that prevent people from experiencing dance.



## **PROGRAMS FOR TEACHERS & SCHOOLS**

**112 DAYS** 



Photos by David Knox

### **DanceAZ**

DanceAZ is a free in-school residency program tailored for Title 1 schools, offering students an immersive journey into dance, choreography, and performance fostering the development of character-building skills.

This year, Ballet Arizona increased its school partnerships from 8 to 9 schools reaching 131 students and 1,097 audience members.

DanceAZ reaches 6 cities across the Phoenix Metropolitan Area!

# FUN FACT!

with the community

Over 13,000 pounds of flooring were installed and removed at DanceAZ performances.



"This program welcomes children and their parents to be part of the world of ballet in such an easy way. It comes to their community and leaves the door open; it lets them know that they can participate if they want. It's very subtle and very powerful. As a Latino man and as a father, I'm incredibly grateful that Ballet Arizona does what they do."

- BAZ Partner

### **Student Matinees**

This season, Ballet Arizona's Nutcracker Student Matinee reached 5,819 students, teachers, and chaperones.



# **COMMUNITY PROGRAMS**

## **Ballet Under the Stars & Class Act**

Ballet Under the Stars brings fully staged performances to local-area parks around the Valley, making dance free and accessible to the Arizona community.



In conjunction with Ballet Under the Stars, Ballet Arizona partners with four elementary schools to bring Class Act to 3rd and 4th grade students. This year, Class Act provided **72 local elementary school children** with the opportunity to dance, create, and perform under the guidance of Ballet Arizona's dancers at the Ballet Under the Stars performance.

Photos by David Knox

## Angel Night

Ballet Arizona collaborates with social service and veteran organizations to distribute complimentary tickets to children and families, providing them with the opportunity to experience our mainstage productions at no cost.



## Interested in supporting our community programs?

Click the button below to bring Ballet Arizona's mission to life in our community.

Make your Impact Today!

# LIFELONG LEARNING PROGRAMS

This season has seen extraordinary participation in two of our Lifelong Learning initiatives: Creative Aging and Dance for Parkinson's Disease.

53 individuals participated in our Creative Aging through Dance program, working to build strength through mind and body, flexibility, and resilience.

**39 individuals** living with Parkinson's Disease and their caregivers participated this year, finding support, respite, and community through the practice of dance.

# **Talking with our Teaching Artists!**



**Diane Mateo Creative Aging** 

## Q: What benefits are to be gained from this program?

A: Adults in the program enjoy revisiting all forms of dance. Many students practiced when they were younger, other dancers are just beginning and have always dreamed of being a ballerina. This is an opportunity to make all those dreams come true! Moving as an older adult can bring so much joy by learning a new hobby, moving your body through space, being creative, and appreciating the music.

### Q: What has your experience been like teaching Creative Aging?

A: It is an exciting challenge to come up with ways to introduce material in a new, creative way. Ballet is for everyone! My hope is keeping our community moving in a way that not only benefits the body, but also heart and mind. Together we have a chance to share and continue to learn not only about ballet but, about each other's lives.



#### **Debbie Braganza** Dance for Parkinson's Disease

### Q: What benefits are to be gained from this program?

- A: There can be anxiety, social isolation, and depression with Parkinson's. Music can help with depression and anxiety. Dance can help with socialization. The students are focused on learning new movements and combining them with the music.
- Q: What has your experience been like teaching Dance for Parkinson's Disease?
- A: I'm inspired every class when I see a group or even just one person achieve something they didn't think they could do. We have built a small community that supports one another and shares a passion for dance. They are family to me, I'm proud to be a part of the PD community!



Photo on Left: Diane Mateo and Creative Aging participants Photo on Right: Debbie Braganza and Dance for Parkinson's Disease participants

"The Dance for Parkinson's Disease program has made a huge difference in our lives. Part exercise, physical therapy, social contact and support. The joy of sharing dance and music with others who appreciate this is especially valuable to people with Parkinson's"

- Dance for Parkinson's Disease Participant

## Hoop Dance

**33 Native American students** had the opportunity to learn an intertribal dance rooted in a cultural tradition that ultimately builds confidence, coordination, and selfesteem.





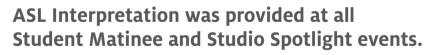
"This has been an incredible opportunity for both of us to grow. The children are able to take part in their culture in a way they have not been able to before. They love learning about their history!"

- Hoop Dance Parent

# ACCESSIBILITY

Ballet Arizona strives to improve accessibility for all members of our community.







OTOjOY T-Loop system available in Ballet Arizona's Dorrance Theater.

Large Print

Large print programs were provided at every performance.

# NOTABLE PARTNERSHIPS

Thank you to our partners for helping bring ballet to the community!

Alhambra Traditional School Agave Library **Burton Barr Central** Library The Center for Habilitation **City of Fountain Hills** City of Glendale City of Goodyear **City of Phoenix** 

Desert Broom Library Desert Sage Library Don Mensendick School Estrella Mountain Elementary Freedom Plaza Hartford Elementary Hohokam Elementary Ironwood Library Juniper Library **Kenilworth Elementary** 

**McDowell Mountain** Elementary Mesquite Library Sagewood Saguaro Library Scales Technology Academy South Mountain Library Sundance Elementary Wilson Primary Wilson Elementary

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